**Athletic cut**- form fitting silhouette that contours to the body; usually a longer shirt length. If you like shirts that follow the shape of your body this is for you! If you prefer them to be looser, but still love the design, size up.

**Modern cut**- accentuates your body without hugging it. Usually has a longer length, but not as long as the athletic cut. This is relatively normal sizing- you shouldn’t have to size up or down unless your preference outweighs your body style.
Classic cut- These are your typical, run of the mill items that are designed to fit a man or a woman; essentially these are unisex and not form fitting. If you prefer your items with a looser fit, you’re good to go! Those who like a slimmer fit are advised to size down.